



## SPANISH FAMILY SUPPORT SERVICES

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### *PARENT SEMINARS*

The mission of Families First is to provide services which strengthen families, nurture children, and end the cycle of child abuse and neglect.

Our Spanish Family Support Services include seminars offered in Spanish which are tailored to the cultural needs of Latino parents as well as those of individual organizations. These seminars usually last an hour in duration and can be modified to fit your organization's need. Seminar topics fall into two categories: parenting and education.

#### Parenting: Tools Which Steer the Way for Your Family

##### *Seminars available*

1. Communication: It's not just about speaking; it's about listening too!
2. Parenting From the Heart: 5 Essential tools for every parent
3. Punishment vs. Discipline: Which one will win in your home?
4. Self-Esteem: What is self-esteem and how do kids get it?
5. Financial Basics: Understanding the basics of family finances

#### Education: Supporting Your Child's Learning from Home

##### *Seminars available*

1. Loving to Read, Loving to Learn
2. Parent-Teacher Meetings: As Easy as ABC
3. How to Make Homework Manageable

If there is a specific topic you would like discussed in your group that's not on this list, or to find out about any possible fees that may apply, contact Maria Soto.

Phone: 303-745-0327

Spanish Family Support Line - Consejos Para Familias  
1-866-Las-Familias (1-866-527-3264)

Email: [Maria@FamiliesFirstColorado.org](mailto:Maria@FamiliesFirstColorado.org)  
[www.FamiliesFirstColorado.org](http://www.FamiliesFirstColorado.org)